



ConvaTec

# Support Groups

## Support Groups & Associations

Now that your child has a stoma you may feel you want to talk to someone else in the same situation, or even swap tips with them.

Following is a list of support groups you may like to contact for help and advice.

### Action for Sick Children

Is the UK's leading children's healthcare charity, specially formed to ensure that sick children always receive the highest standard of care possible.

#### Address

3 The Boulevard, Ascot Road, Watford, WD18 8AG

#### Telephone

01923 361 500

#### Website

[www.actionforsickchildren.org.uk](http://www.actionforsickchildren.org.uk)

## Association for Spina Bifida and Hydrocephalus (ASBAH)

#### Address

ASBAH House, 42 Park Road, Peterborough, PE1 2UQ

#### Helpline

0845 4507 755

#### Fax

01733-555985

#### E-mail

[helpline@asbah.org](mailto:helpline@asbah.org)

#### Website

[www.asbah.org](http://www.asbah.org)



## Support Groups

### Contact a Family for Families with Disabled Children

Provides advice, information and support to all parents of all disabled children. Parents are able to get in touch with other families, locally and nationally.

#### Address

209-211 City Road, London, E1V 1JN

#### Telephone

0808 808 3555 or 020 7608 8700

#### E-mail

helpline@cafamily.org.uk

#### Website

www.cafamily.org.uk

### Crohn's in Childhood Research Association (CICRA)

#### Address

Parkgate House, 356 West Barnes Lane, Motspur Park, Surrey KT3 6NB

#### Telephone

020 8949 6209

#### Website

www.cicra.org

#### E-mail

support@circ.org

### Down's Syndrome Association

#### Address

The Langdown Centre, 2a Langdown Park, Teddington, TW11 9PS

#### Telephone

0845 230 0372

Monday – Friday, 10am to 4pm

#### Website

www.downs-syndrome.org.uk

### The Family Fund

Is a registered charity which provides grant and assistance to families with severely disabled children, ensuring they have choices and opportunities to enjoy life.

#### E-mail

info@familyfund.org.uk

#### Website

www.familyfundtrust.org.uk

### Disability Living Allowance

Dedicated telephone line for advice and completion re claims.

#### Address

4 Alpha Court, Monks Cross Drive, York, YO32 9WN

#### Telephone

0845 130 4542 or 01904 621 115

### **Hirschsprungs and Motility Disorders Support Network (HMDSN)**

Is an organisation that makes it possible for people and families, whose children have Hirschsprung Disease and other gastrointestinal motility disorders to support each other.

#### **Address**

The Willows, Forest Road,  
Leicestershire, LE19 3LD

#### **Telephone**

07935 787 776

#### **Website**

[www.hirschsprung.info](http://www.hirschsprung.info)

### **National Association of Special Educational Needs (NASEN)**

Helpline 0207 258 3222. A fee is charged for a key to gain access to disabled toilets, if not available from local council authority.

#### **Address**

Nasen House, 4/5 Amber Business Village, Amber Close, Amington, Tamworth, Staffordshire, B77 4RP

#### **Telephone**

01827 311500

#### **Email**

[welcome@nasen.org.uk](mailto:welcome@nasen.org.uk)

#### **Website**

[www.nasen.org.uk](http://www.nasen.org.uk)

### **National Key Scheme for Disabled Toilets (RADAR)**

A fee is charged for a key to gain access to disabled toilets, if not available from local council authority.

#### **Address**

12, City Forum, 250 City Road,  
London, EC1V 8AF

#### **Telephone**

0207 250 3222

#### **Email**

[radar@radar.org.uk](mailto:radar@radar.org.uk)

#### **Website**

[www.radar.org.uk](http://www.radar.org.uk)

### **National Kidney Foundation**

#### **Address**

The Point, Coach Road, Shire Oaks, Worksop, Nottinghamshire, S81 8BW

#### **Telephone**

0845 6010209

#### **E-mail**

[nkf@kidney.org.uk](mailto:nkf@kidney.org.uk)

#### **Website**

[www.kidney.org.uk](http://www.kidney.org.uk)



## Support Groups

### **The Ileostomy and Internal Pouch Support Group (ia)**

The primary aim is to help people who have undergone surgery which involves the removal of their colon (colectomy) and the creation of either an ileostomy or an ileonal pouch.

#### **Address**

National Office, Peverill House, 1-5 Mill Road, Ballycare, County Antrim, BT39 9DR

#### **Telephone**

0289 332 4606

#### **Fax**

028 9334 4043

#### **E-mail**

info@iasupport.org

#### **Website**

www.iasupport.org

### **Urostomy Association (UA)**

#### **Address**

Central office, 18 Foxglove Avenue, Uttoxeter, Staffordshire, ST14 8UN

#### **Telephone**

0845 241 2159

#### **E-mail**

Secretary.ua@classmail.co.uk

#### **Website**

www.urostomyassociation.org.uk

### **TOFS Support Group**

Dedicated to providing emotional support to families of children born with tracheo-oesophageal fistula, oesophageal atresia and associated conditions.

#### **Address**

St. George's Centre, 91 Victoria Road, Netherfield, Nottingham, NG4 2NN

#### **Telephone**

0115 961 3092

#### **E-mail**

info@tofs.org.uk

#### **Website**

www.tofs.org.uk

VACTERL Association Support Group  
Dedicated to helping families affected by VACTERL/VATER Association based in the UK.

#### **Telephone**

01752 482 568

#### **E-mail**

*General information*

info@vacterl-association.org.uk

*Help and support*

support@vacterl-association.org.uk

#### **Website**

www.vacterl-association.org.uk

### **ERIC – Education Resource for Improving Childhood Continence**

This website provides information and support on childhood bedwetting, daytime wetting, constipation and soiling to children, young people, parents and professionals.

#### **Address**

36 Old School House, Britannia Road  
Kingswood, Bristol BS15 8DB

#### **Telephone**

0845 370 8008  
(Monday – Friday, 10am – 4pm)

#### **E-mail**

[info@eric.org.uk](mailto:info@eric.org.uk)

#### **Website**

[www.eric.org.uk](http://www.eric.org.uk)

### **Breakaway Visits**

Breakaway Visits offers residential adventure activity breaks for young people between 4-18 years with bowel and/or bladder diversions and dysfunctions and their families. Breakaway offers

the chance for families and young people to meet, talk and share their experiences in a relaxed and friendly environment. The main aim of Breakaway though, is to have fun!

#### **Website**

[www.breakaway-visit.co.uk](http://www.breakaway-visit.co.uk)

### **PromoCon – Promoting Continence and Product Awareness**

PromoCon provides a national service to improve the life for all people suffering with bladder or bowel problems by offering product information, advice and practical solutions to both professionals and the general public.

#### **Address**

PromoCon, Redbank House,  
4 St Chads Street, Cheetham,  
Manchester, M8 8QA

#### **Telephone**

0161 834 2001  
(Monday - Friday 10am to 3pm)

#### **E-mail**

[Promocon@disabledliving.co.uk](mailto:Promocon@disabledliving.co.uk)

#### **Website**

[www.promocon.co.uk](http://www.promocon.co.uk)





### Network 81

Network 81 is a national network of parents working towards properly resourced, inclusive education for children with special education needs.

#### Address

1-7 Woodfield Terrace, Stansted,  
Essex, CM24 8AJ

#### Telephone

0845 077 4055

#### E-mail

info@network81.org

#### Website

www.network81.org

### Smilie's People - National Association for Colitis & Crohn's Disease (NACC)

Smilie's people is a support group for children, young people and their families for information and support about Crohn's and Ulcerative Colitis. It is part of NACC.

#### Address

4 Beaumont House, Sutton Road, St  
Albans, Herts AL1 5HH

#### Telephone

0845 1302233

#### Website

www.nacc.org.uk

### Spinal Injuries Association

#### Address

SIA, 2 Trueman Place, Oldbrook, Milton  
Keynes, MK6 2HH

#### Telephone

0800 980 0501 or 0845 678 6633

#### Fax

0845 0780 6911

#### E-mail

sia@spinal.co.uk

#### Website

www.spinal.co.uk

### The Colostomy Association

Is a national registered charity, which represents the interest of people with a colostomy, providing support, reassurance and practical help.

#### Address

2 London Court, East street, Reading  
RG1 4QL

#### Telephone

0800 328 4257

#### E-mail

cass@colostomyassociation.org.uk

#### Website

www.colostomyassociation.org.uk