

# Discharge Planning

## What is it?

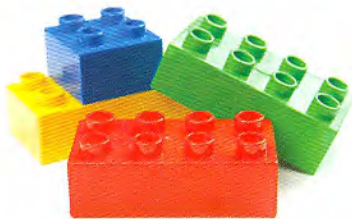
Discharge planning is when the ward doctor and nurses are happy that your child has recovered from his/her operation and you can now look after their stoma and pouch. You are probably excited and happy about your child going home; however you could

also be anxious and frightened. Help and support are available when you are at home. However, before you go home it is important that you completely fill in the table below with the nurse that is looking after you and your child.

	has achieved ALL these steps
	<b>Sign and Date</b>
Has looked at the stoma	
Can open, empty and close the bag	
Is able to measure stoma and cut appliance to correct shape and size	
Can get equipment ready for pouch change	
Removes used pouch	
Cleans and dries skin around stoma	
Applies new pouch	
Disposes of used pouch/wipes/gauze	
Urostomy patients – care of night drainage	
Completes whole procedure under supervision	
Completes whole procedure without supervision	
Knows how to obtain further supplies from:	
a. Chemist	
b. Delivery company	
<b>When completed your child can go home.</b>	

## Discharge Planning

A week's supply of stock will probably be given from the hospital. To obtain stock in the community, a prescription is needed from your family's general practitioner. The details can be given and recorded in the table below:



Suggested quantities per month	Description of appliance and codes numbers	Manufacturers (for chemist's/delivery company's information)

My hospital Stoma Care Nurse is called

and can be contacted on

My community Stoma Care Nurse is called

and can be contacted on

If you need advice and your Stoma Care Nurse is not available, please contact the ward your child was a patient in for advice.

The number is

**You will be sent or given an appointment for a follow up by your surgeon.**

